Quadlock

(Walnut, Mahogany, Maple, 19 pieces, 3.5" square by 2.6" high, 7/8 inch square sticks)

Disassembly involves manipulating the central 4 pieces like opening a lock. Here is the diagram of the pieces from the solution sold with the puzzle and photos of removing three pieces:

Further Reading
Solution that came with the puzzle.

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