Visit us on-line!

For Students, by Students!

The Resource You Can Trust

A great resource of health information designed to meet the unique health needs of college women everywhere.

4collegewomen.org

Health. Our way.

For College Women Everywhere

Sponsored by Brandeis University

4collegewomen.org

is an information resource center and does not provide medical advice. Information from the 4collegewomen.org website should not be a substitute for medical advice from a health care professional.
Knowledge is power when it comes to your health!

Finally! One-stop easy access to health information for college women everywhere with all you need to know about a broad range of health issues including how to stay healthy today and tomorrow. There’s helpful material on nutrition, exercise, substance abuse prevention, body image, and mental and reproductive health issues. There are also sections on safety, emergency preparedness, and traveler’s health issues.

Designed for students by students, 4collegewomen.org provides free access to thousands of helpful, reliable resources about a broad range of health issues designed especially for college women.

What we have to offer...

4collegewomen.org provides a gateway to health materials, information resources, and Internet sites that address the unique needs of college women, including:

- A 4MyHealth Section where students can keep links to favorite health sites and bookmark related articles
- Current women’s health news
- Online health checkups, tutorials, and a reference library
- Emergency preparedness topics
- Health resources in your community
- Lists of Frequently Asked Questions

We are...

- Easy to use
- Trusted
- Free and non-commercial
- Comprehensive
- Reliable
- Up-to-date

Be a savvy women’s health consumer and use this website to build a healthier future!

“Today, there are over 7.4 million women in college, like you, who are designing and building the framework for their future lives. While this is a period of tremendous growth with many exciting opportunities ahead, you will also be challenged to maintain a healthy lifestyle, strengthen your self-esteem, address personal safety issues and prevent disease in the future. That’s why this website focuses specifically on your unique concerns as a college woman.”

Susan J. Blumenthal, M.D., Founder, 4collegewomen.org